



YMCA EMPLOYEE BENEFITS

A nonprofit benefit Plan exclusively serving YMCAs since 1970.

WELLNESSWORKS PROGRAM: TAKING YOUR ANNUAL HEALTH SURVEY

LOGGING IN

If You've Already Registered Your HealthSafe ID

Log in to your account on ymca.optumengage.com using your HSID.

If You Don't Have a HealthSafe ID

If you don't already have an HSID account, you'll need to provide the following to register:

- First and last name
- Date of Birth
- Health plan member ID (on your medical ID card) OR Social Security Number (SSN)

If you're registering for the first time, you'll be prompted to complete the account registration form but if you try to create a new account using existing credentials, you'll be prompted to sign in with your existing HSID.

Please Note: To keep your HSID account secure, you'll need to confirm your email and phone number.

After your HSID registration is done, you will be prompted to finalize your account creation and sign in, then you'll be directed back to the Optum Engage platform.

TAKING THE SURVEY

Once you're logged in, if you have not yet taken your survey for the current incentive year, you should be prompted by the system to take it when you first log in. If the system doesn't prompt you, you can follow the steps below to access the survey.

Using a Desktop or Laptop Computer

From homepage, you can click your avatar in the upper right hand corner of your screen. You'll then be able to click Health Survey from the options that appear directly below your avatar.

After clicking the Health Survey link, you'll see your current progress on each of the survey categories and be able to begin or continue where you left off.

Using the Optum Engage Mobile App

Tap your avatar in the upper right hand corner of the app, then from the menu of options, tap Health Survey to see your progress screen and start or continue taking your survey.

As a reminder, **all covered employees, retirees, and spouses/domestic partners should take the health survey annually** to check in with your health and wellness and earn up to \$350 in gift card rewards. Adult children dependents over the age of 18 who are enrolled in the Plan may create an account and participate in incented activities/programs, but they are NOT eligible to earn gift card rewards.

HealthSafe ID

Secure, convenient sign in.

Use your HealthSafe ID® to access your accounts using a single ID and password.

Username or Email Address

Password

Remember my username (Optional)

Sign in

Register now

Forgot username or password?

Explore Benefits Rewards

Get a biometric screening

Get screened by 7/31/26 and earn \$100.

Summary

Employer Rewards: \$225 Total Earned

Balance: \$225

Points: 3755

Health Score: 462

Health Profile

Health Survey

Click your avatar in the upper right hand corner, then select Health Survey from the options

REMEMBER:

You must complete **ALL** sections of the survey for your submission to be logged and to unlock your first \$50 in gift card rewards

Complete your Health Survey

10% completed

Complete the survey and learn how your health factors and lifestyle affect your overall health.

In progress Resume

About You

Life

Habits

Health

Not started

Not started

Not started

English Espanol