

# **Rally points**

## Everything you need to know

### What are Rally points?

Pretty much everything you do within Rally Engage will earn you Rally points. You can redeem these for great rewards such as discount offers, gift cards and more.

### Where can I find my Rally point balance?

You can always see your Rally points balance on the home and rewards tabs

### How do I earn Rally points?

There are many ways to earn Rally points. For example, you earn points for registration, completing the health survey, and making progress in missions and challenges. The number of points you can earn depends on the activities you complete. The chart below highlights a few of the ways to earn:

Activity	Points earned
Completing the survey	200
Completing a mission	100
Completing a challenge	200
Completing a disease management program	400
Completing a quiz	50
Completing a personal coaching program	200
Completing an online coaching program	100

### Are Rally points equivalent to currency?

No. Rally points are unique to Rally and are only good for use within our platforms. Rally points cannot be exchanged for an equivalent to real currency (For example, U.S. dollars).

### What can I do with my Rally points?

Log in to Rally and check the rewards section to see all available options. From there, you can view the marketplace offers that are available. In the marketplace, you can choose to exchange points for discounts on a wide selection of popular items.

Sweepstakes, auctions and donations will be available if applicable to your plan and when offered by Rally. Sweepstakes and auctions allow you to exchange Rally points for the opportunity to win/or bid on items.

Finally, you may be able to donate your points to help trigger a donation by Rally to one of several worthy causes. When a charity reaches a certain point threshold, Rally will make a cash donation to that charity.

# Are my Rally point donations tax deductible?

Sorry, no. Your health plan provider will be making a cash donation to each specified charity at the end of every calendar quarter if the number of Rally points donated collectively meets certain specified thresholds. As Rally points have no cash value and you are not making the donation directly yourself, they are not tax deductible for individual users.

# How do I know if my redemption of Rally points went through?

Once you redeem your Rally points, you will be able to view all of your redemptions in the rewards tab by clicking "My Redeemed Rewards."

# When I redeem a discount, do I have to pay taxes on it?

No. The discount codes provided on marketplace are not deemed taxable income.

Rally is a voluntary program. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. Talk to your doctor before significantly increasing your level of activity, particularly if you have a medical condition or have been inactive. Participation in the health survey is voluntary. Your health information is kept confidential in accordance with the law. The service is not an insurance program and may be discontinued at any time. This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. All trademarks are the property of their respective owners.