



YMCA EMPLOYEE BENEFITS
A nonprofit benefit Plan exclusively serving YMCAs since 1970.

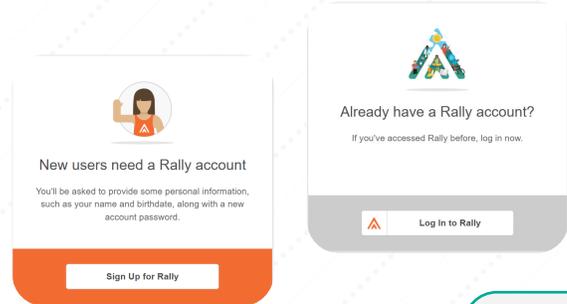
WELLNESSWORKS PROGRAM: TAKING THE RALLY HEALTH SURVEY

LOGGING INTO RALLY

Log in to your Rally account at ymca.werally.com. If this is your first time using Rally, you'll need to register your account, by selecting the **Sign Up For Rally** option on your screen. You'll then choose a username and password and provide some personal information like your name and birth date.

Note: Your username should be fun and memorable, but NOT your real name, for the sake of privacy.

If you've already created an account on Rally, you'll select the **Log In to Rally** option on this screen to enter your username and password.



TAKING THE SURVEY

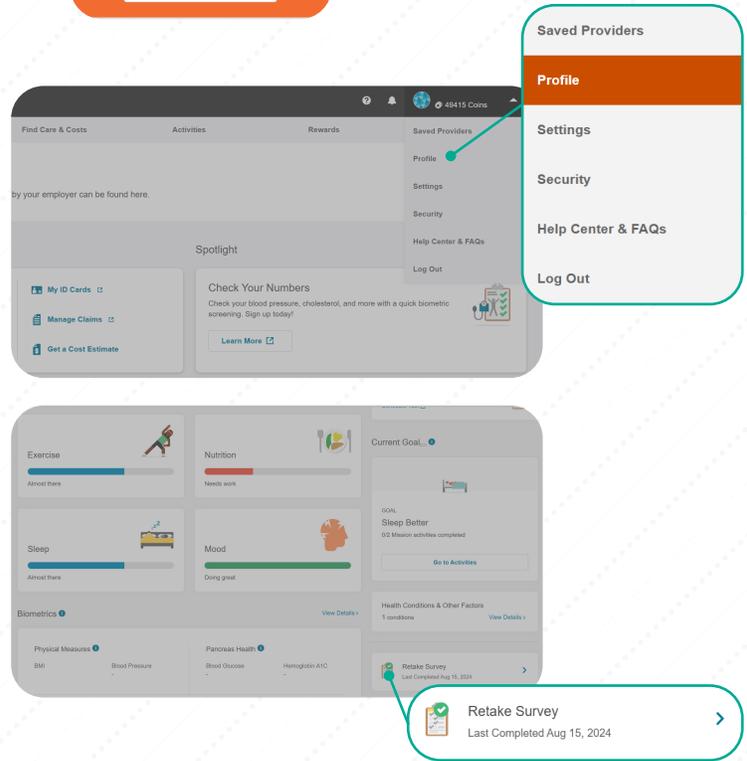
Once you're logged in, if you have not taken your survey for the current incentive year, you should be prompted by the system to take it when you first log in. If the system doesn't prompt you, you can follow the steps below to access the survey.

Using a desktop or laptop computer:

From your Rally Dashboard, you can navigate to your name in the upper right hand corner of your screen. Select **Profile** from the drop down menu to find your personal Rally profile.

Once you've made it to your profile, scroll down and look on the right hand column to find the tile that says **Retake Survey** and includes the date you last completed your survey. Click here to launch the survey.

As a reminder, all medical plan members aged 18+ should take the Rally survey each year and are eligible to participate in the incented programs or activities included in the WellnessWorks program. However, only employees, retirees, and spouses/domestic partners are eligible to earn the gift card rewards.



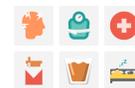
Using the Rally mobile app:

From the dashboard, scroll down past your daily activity check-ins, rewards, and the feature spotlight to find the **Health Profile** tile.

Once you've tapped through to your profile, you should find an option to take or retake your survey underneath your most recent **Health Score** on this screen.

Health Profile

View and update health factors that personalize your Rally experience.



[View Health Profile](#)



You're on-track with some health areas, but can improve others. View the recommendations to h... [See More](#)

[Retake Survey](#)