

Tobacco cessation drugs covered at no cost.

Good news for those looking to kick the habit. UnitedHealthcare members will have tobacco cessation drugs covered at no cost. These drugs may help people quit smoking or stop using tobacco.

What tobacco cessation drugs are covered at no cost?

Here are the prescription drugs and over-the-counter (OTC) drugs covered at no cost.

Over-the-counter medications

may require prior authorization^{1, 2, 3}

- Nicotine replacement gum
- Nicotine replacement lozenge
- Nicotine replacement patch

Prescriptions may require

prior authorization^{1, 2, 3, 4}

- Bupropion sustained-release (generic Zyban) tablet^{1, 3}
- The following three prescription medications are covered after members have tried 1) One over-the-counter nicotine product and 2) Bupropion sustained-release (generic Zyban) separately.
- Nicotrol inhaler
 - Nicotrol nasal spray
 - Chantix tablet

What else do you need to know?

- Screening for tobacco use is covered at no cost during a standard wellness exam.
- These drugs do not count toward your pharmacy plan deductible.
- Call the number on your health plan ID card to confirm when the tobacco cessation benefit is available.

Up to two 90-day treatment courses are covered at no cost each year. Prior authorization^{1, 2, 3, 4} may be required for each 90-day drug supply.

Who can get the tobacco cessation drugs?

To qualify, you need to:

- Be age 18 or older.⁵
- Ask your doctor to obtain notification/prior authorization if required.^{1, 2, 3, 4}
Your doctor will need to let us know you are also getting counseling to help you stop using tobacco products.
- Get a prescription for these products from your doctor, even if the products are sold over-the-counter (OTC).
- Fill the prescription at a network pharmacy.



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¹ If your pharmacy benefit plan is administered in New Jersey, these products are not subject to prior authorization, step therapy or quantity limit requirements for the first 180 days of therapy per plan year.

² If your pharmacy benefit plan is administered in West Virginia, these products are not subject to prior authorization or the two 90-day treatment course restriction.

³ If your pharmacy benefit plan is administered in Kentucky, you are eligible for a total of 180 days of medication dispensed as 30-day fills over a period of 365 days before prior authorization or step therapy requirements will be applied to additional quit attempts.

⁴ Prior authorization is not required for bupropion if your pharmacy benefit plan is administered in Indiana, Louisiana or New Mexico.

⁵ The listed age limits are based on U.S. Preventive Services Task Force Recommendations; coverage for additional populations may also apply as required.

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