



Extra support for you and your family

If you have started or are considering fertility treatment, let **Fertility Solutions** help you get the guidance and care best suited for you.

When you join the program, you will receive one-on-one support from fertility nurses who can provide support and encouragement throughout your experience, help answer your questions and also help with things like:

- Helping you find doctors, clinics and facilities that are right for you
- Navigating the health care system and how to best use your benefits
- Getting information about the causes of infertility and treatment options



myuhc.phs.com/fertility



1-866-774-4626

Monday-Friday | 7:00 a.m.–6:00 p.m. CT

This service is available at **no extra cost** as part of your benefit plan. (TTY: 711)



Self-Schedule Calls

You can set up a call with the fertility nurse at a time that works best for your schedule



Search for Fertility Centers of Excellence (COEs)

Get care from specialists who are demonstrated to offer an increased chance of having a baby



24/7 Online Learning

Learn about our program and get answers to questions about fertility, possible treatment options and coping with the challenges they may bring.

United
Healthcare



the YMCA
YMCA EMPLOYEE BENEFITS
A nonprofit benefit Plan exclusively serving YMCAs since 1970.

This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for your information only. It is provided as part of your health plan. Program nurses and other representatives cannot diagnose problems or suggest treatment. This program is not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. This is not an insurance program and may be discontinued at any time.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.

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